Manitou Springs Aquatic Center

Schedule: March 29th – May 25th, 2006

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:00-8:00am	6:00-9:00am	6:00-8:00am	6:00-9:00am	6:00-	7:30-
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00am	9:00am
					Lap Swim	Lap Swim
	0.05 0.50	9:05-9:50am	0.05 0.50	9:05-9:50am		
	8:05-8:50am	Aquatic Fit.	8:05-8:50am	Aquatic Fit.	0.05	
	Aquatic Fit.	10.00	Deep Water Aerobics	10.00	8:05-	0.05
		10:00- 10:45am	rerobles	10:00- 10:45am	8:50am	9:05- 9:50am
	9:00-11:00am	Sr. Aerobics		Sr. Aerobics	Aqua Power	Aquatic
12:00-	Rec Swim	SI. Actobics	9:00-11:00am	SI. Actobics		Fitness
1:30pm		11:00-	Rec Swim	11:00-	9:00am –	Timess
Lap Swim	11:00 -	2:00pm		2:00pm	11:00am	
		Lap Swim	11.00	Lap Swim	Rec Swim	
	11:45am Spec. Needs		11:00 - 11:45am			10:00-
	Spec. Needs	2:00-3:15pm	Spec. Needs	2:00-3:15pm		12:00pm
1:30-		Rec/Lap	Spec. Reeds	Rec/Lap	11:00-	Nova
4:00pm	12:00-2:00pm	Swim		Swim	11:45am	Swim
Rec Swim	Lap Swim	2 1 5 4 00	12:00-2:00pm	2 1 5 4 00	Special	Team
		3:15-4:00pm	Lap Swim	3:15-4:00pm	Needs	
		Swim Lessons		Swim Lessons		
	2:00–4:00pm	Manitou	2.00 4.00	Manitou	12:00 -	12:00-
	Rec/Lap Swim	Elementary	2:00–4:00pm Rec/Lap	Elementary	2:00pm	1:30pm
	SWIII	Licinomary	Swim	Liementary	Lap Swim	Lap Swim
		4:00-5:30pm	SWIIII	4:00-5:30pm	up	F
	4:00-5:45pm	Manitou		Manitou		
	Lap Swim	Mantarys	4:00-5:45pm	Mantarys	2:00-6:00	
		Swim Team	Lap Swim	Swim Team	Rec/Lap	1:30-
	- 17 - 20		- 17 - 20		Swim	4:00pm
	5:45-6:30pm	5:45-6:30pm	5:45-6:30pm	5:45-6:30pm		Rec Swim
	Deep Water Aerobics	Aquatic	Aquatic Fitness	Deep Water		
	ACTUDICS	Fitness	171111088	Aerobics		
	6:30-8:30pm	6:30-8:30pm	6:30-8:00	6:30-8:30pm		
	Nova Swim	Nova Swim	Special	Nova Swim		
	Team	Team	Olympics	Team		
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Manitou Springs Aquatic Center

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